



NHMRC

# CREATE

The Centre of Research Excellence in Aboriginal Chronic Disease Knowledge Translation and Exchange

## CREATE Newsletter

Issue 13, December 2016

Welcome to Issue 13 of the CREATE Newsletter. In this edition you will find recent publications, general news and updates of progress on the projects. In addition, we have provided information about how you can be involved. On behalf of the entire CREATE team we would also like to take this opportunity to wish you and your family *Seasons Greetings*.

### General News

Our graphic design team at SAHMRI has been helping us to illustrate the breadth of work and the types of outcomes that the Aboriginal Community Controlled Health Organisation (ACCHO) sector could expect from our three key program areas – Building a Body of Evidence, Knowledge Translation and Capacity Strengthening.



## CREATE OUTCOMES



If you would like any more information on any part of the CREATE work, please email [infocreate@sahmri.com](mailto:infocreate@sahmri.com)



## ***Building the Evidence***

### **Reviews of Evidence**

Below are our recent publications.

Davy, C., Cass, A., Brady, J., DeVries, J., Fewquandie, B., Ingram, S., Mentha, R., Simon, P., Rickards, B., Togni, S., Liu, H., Peiris, D., Askew, D., Kite, E., Sivak, L., Hackett, M., Lavoie, J., & Brown, A. (2016). **Facilitating engagement through strong relationships between primary healthcare and Aboriginal and Torres Strait Islander peoples.** *Australian and New Zealand Journal of Public Health*. Available at:

<http://onlinelibrary.wiley.com/wo11/doi/10.1111/1753-6405.12553/full>

Reilly, R., Evans, K., Gomersall, J., Gorham, G., Peters, M.D.J, Warren, S., O'Shea, R., Cass, A., and Brown, A. (2016). **Effectiveness, cost effectiveness, acceptability and implementation barriers/enablers of chronic kidney disease management programs for Indigenous people in Australia, New Zealand and Canada: a systematic review of mixed evidence.** *BMC Health Services Research*. Available at:

<http://bmchealthservres.biomedcentral.com/articles/10.1186/s12913-016-1363-0>

Davy, C., Harfield, S., McArthur, A., Munn, Z., & Brown, A. (2016). **Access to primary health care services for Indigenous peoples: A framework synthesis.** *International Journal for Equity in Health* (2016) 15:163; Online; doi: 10.1186/s12939-016-0450-5. Available at: [Access to primary health care services for Indigenous peoples: A framework synthesis](http://www.ijerh.com/content/15/1/163)

### **Easy to Use Evidence Briefs**

CREATE has produced a number of briefs for anyone who is interested in the evidence from our review but doesn't have time to read the full article. All briefs can be accessed through the Research Impact page on CREATE Website <http://create.joannabriggs.org/>.

### **Best Practice Case Studies**

A number of ACCHOs have already taken the opportunity to participate in a case study. The focus to date has been on:

- Miwatj Health Aboriginal Corporation's **Leadership Model**
- Aboriginal Community Care SA's **Model of Aged Care**
- Nunyara Aboriginal Health Service Inc's **Workforce Initiative**
- Nunkuwarrin Yunti of South Australia's **Accreditation Process**
- Port Lincoln Aboriginal Health Service Inc.'s **Social Determinants of Health Initiative**

We are currently inviting ACCHOs that would like to be involved in a case study and share examples of best practice care in:

- Service delivery
- Sustainable funding
- Health promotion
- Governance
- Workforce
- Accreditation
- Defining outcomes
- Quality improvement
- Aged care services
- Social determinants of health

Each Case Study Site will be provided with a tailored report, evidence briefs and information brochures that could be used to advocate for and promote their work more broadly. If you think your ACCHO may be interested in participating, please email: [infocreate@sahmri.com](mailto:infocreate@sahmri.com) to find out more. Findings from these case studies will in turn contribute to the development of "A Framework to assist Aboriginal Health Services to develop Best Practice Models of primary healthcare service delivery".

## ***Capacity Strengthening***

### **Research Master Classes**

Wardliparingga Aboriginal Research Unit has developed suite of Master Classes for policy makers, managers and practitioners working within the ACCHO sector. One of the primary aims of these Master Classes is to ensure that research contributes to improving healthcare for Aboriginal and Torres Strait Islander peoples.

The informal two day face-to-face format encourages participants to ask questions specific to their particular needs as well as develop practical skills which can be used within their organisation. All Master Classes are supported by study guides and links to further electronic resources, and are delivered on site.

The following Master Classes are currently available:

- Understanding Research
- Undertaking Research
- Evaluation

In early 2017 we anticipate the launch of a fourth Master Class entitled "Using Existing Evidence to Improve Your Practice"

If you think your ACCHO may be interested in one of our Research Master Classes, please email: [infocreate@sahmri.com](mailto:infocreate@sahmri.com) or phone Ms Karen Laverty on 08 8128 4251 to find out more.

[http://create.joannabriggs.org/?page\\_id=1417](http://create.joannabriggs.org/?page_id=1417)

This year we have held Master Classes on all of our topics at Apunipima Cape York Health Council, Institute for Urban Indigenous Health, Aboriginal Health Council of SA, Nunkuwarrin Yunti, Miwatj Health Aboriginal Corporation and Victorian Aboriginal Community Controlled Health Organisation Inc. Below is a picture of one of our most recent classes at Institute for Urban Indigenous Health.



We have had some wonderful feedback from attendees, such as, “I want to express my thanks to you both, for the opportunity to take part in the Masterclass in Evaluation, I found the course content and presenters were excellent. The presenters made the learning an enjoyable experience and the class discussions were interesting and inclusive. I would recommend the course to others it was first class in content and I learned a lot. I particularly found the sessions on Chapter One “Understanding Research Design.....” and Chapter Two “Has the Question Already Been Answered” useful.

### **NEW MASTER CLASS CONTENT ONLINE – What is research?**

The first of our short web-based YouTube Master Class clips has now been launched. This 15 minute introduction to research is designed to familiarise Aboriginal Community Controlled staff with research including how it can help to improve practice as well as examine some of the issues that ACCHOs may face when participating in a research project.

<https://youtu.be/skfyvlcb388>

### **NEW MASTER CLASS - Understanding how to use existing research to improve practice**

This new Master Class which will be offered from early 2017 is designed to give participants a basic understanding of:

- What we mean by evidence and how it can be used to improve the health of Aboriginal and Torres Strait Islander peoples;
- How to use existing evidence to improve health of Aboriginal and Torres Strait Islander peoples.

If you are interested in learning more about this new Master Class or would like to make a booking for early 2017 please email [infocreate@sahmri.com](mailto:infocreate@sahmri.com).

### **Fellowships and Scholarships**

CREATE supports Aboriginal communities through Fellowships and Scholarships for Aboriginal and Torres Strait Islander staff working within an ACCHO. Fellowships applications are now open for 2017. If you would like to apply or need more information, please contact [infocreate@sahmri.com](mailto:infocreate@sahmri.com).

### ***Sandra Hogg***

Tell us about yourself.

I graduated in 1998 with a Bachelor of Human Movement Studies and in 2014 with a Master of Public Health. This year I began studying Clinical Epidemiology which I am really loving! I have been employed at the Institute for Urban Indigenous Health (IUIH) since 2012. Prior to this, I held numerous population health and research related positions with a specific interest in Indigenous Health. Primarily based in Far North Queensland and Western Australian Indigenous communities, I developed a keen interest in the determinants of healthy behaviour and health equity. My professional experiences and interests were further enhanced when I lived in Israel and I worked on the Health Behaviour in School-aged Children project, a cross-national research study conducted in collaboration with the World Health Organisation Regional Office for Europe.

### **The Fellowship project you undertook – why was it important, and how could the Fellowship help?**

My project title was ‘Implementing evidence based Continuous Quality Improvement strategies in an urban ACCHO in South East Queensland (SEQ): A best practice implementation pilot’. This implementation project was chosen because the opening of a new health service in 2015 provided an opportunity to implement best practice CQI strategies with a clinic team who had not participated in formal CQI activities before.

The primary areas of interest for this implementation project were to: 1) Measure staff engagement levels toward CQI concepts as a way to improve health outcomes; and 2) To use the findings from this pilot project to guide future CQI implementation across other ACCHO's in SEQ.

#### How was the whole experience during the six month project, and your time in Adelaide?

The first week was incredibly exciting. I really enjoyed the interaction with everyone participating in the program. It was so interesting and inspiring listening to all the project ideas and continuing those discussions during study breaks. All the JBI staff were incredibly friendly and supportive. I really enjoyed the visit to SAHMRI and the clinical leadership session. During the six months, I had regular contact with Alexa (my JBI mentor) who provided lots of really practical advice about the JBI tools and stages of report development. The final week was really productive and I found it so great to be able to spend dedicated time thinking about my project. I spent a lot of time with Alexa reviewing drafts and I felt, with Alexa's guidance, everything really came together. In the final week, I also really enjoyed re-engaging with the people I met in the first week and listening to how their projects had been implemented.

#### What sorts of supports did you need and how did you get the support?

Alexa provided a lot of guidance around the tools associated with the project, specifically the JBI PACES and GRIP program. Alexa was in regular contact with me throughout the Fellowship and provided a lot of support tailoring my project around the JBI tools. Alexa also provided lots of great feedback whenever I sent her drafts of my report.

I also had a lot of support from my Manager, Dr Yvette Roe and my colleague, Dr Richard Mills who provided regular advice during every stage of the project and feedback on various drafts of the final report. UIIH CEO, Adrian Carson and UIIH Clinical Director, Dr Carmel Nelson also really supported this project as the project aligned with UIIH principles that it was applied, practical and benefited the health outcomes of Aboriginal and Torres Strait Islander individuals, families and communities.

#### What did you; the community; and the service get out of the Fellowship?

I think from a service perspective, the clinic teams definitely received a more structured and locally relevant CQI program. The teams involved in the project now have a greater level of understanding of, and engagement towards, the CQI process. Teams are now confidently and regularly applying CQI principles, tools and techniques to measure areas for improvement. For me, the fellowship provided an

opportunity to gain further insight in to the implementation of the CQI program. Spending time reflecting on the specific components of the CQI process was really valuable and has contributed to the way that I now continue to help clinics roll out their CQI projects. I have found that the knowledge I gained from the Fellowship is really helping me to assist colleagues with their research ideas.

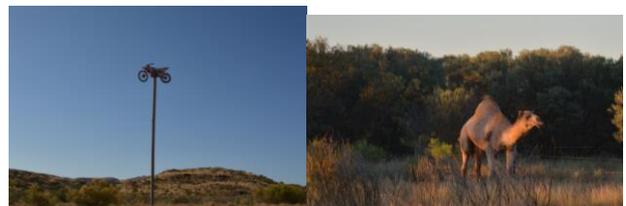
#### How easy or difficult was it to get into the Fellowship?

The UIIH is on the Leadership Committee for CREATE. In November 2014, JBI presented the opportunity to the Leadership Committee to nominate potential participants to undertake the Fellowship in 2015. UIIH felt that the knowledge and skills gained in the Fellowship would enhance the skills within the organisation therefore nominated two staff to undertake the course.

CREATE are also pleased to announce that in 2017, Sandy will have her first report accepted for publication in the JBI Database of Systematic Reviews & Implementation Reports (January 2017 - Volume 15 - Issue 1). The report / publication is titled 'Implementing evidence based Continuous Quality Improvement strategies in an urban Aboriginal Community Controlled Health Service in South East Queensland: A best practice implementation pilot.'

#### Recent APY Lands visit

CREATE staff recently visited the APY Lands to talk to the APY Executive Board about potential plans for a case study in 2017. Members of the Board were enthusiastic about the case study and keen to ensure that all of the communities were involved.



Interesting sights along the way and one of the many camels they encountered.